

## Explains Why Coffee Hurts Many

Dr. W. A. Evans, prominent Chicago physician, who edits the "How To Keep Well" columns of the Chicago Tribune, said in that publication, under date of March 7, 1915:

"Coffee is a drug. Those who are addicted to its use are drug addicts." "From the standpoint of public hygiene the coffee question is worth while. It is the most widespread form of drug addiction."

Some coffee drinkers go on for years without seeming harm, but with others the telltale effects of the drug, caffeine, in coffee, show in various ills and discomforts, such as headache, biliousness, indigestion, nervousness, sleeplessness and heart disturbance.

When the health of a coffee-drinker begins to suffer it's high time to quit the coffee.

The change to

## Instant Postum

is easy and pleasant. Better health usually follows, and a ten days' trial proves.

Postum comes in two forms. The original Postum Cereal—must be well-boiled—15c and 25c packages. Instant Postum—a soluble powder—is made in the cup. No boiling required. 30c and 50c tins.

The two forms of Postum are equally delicious, and the cost per cup is about the same.

### "There's a Reason" for Postum



### SENTENCED TO CONFESS

German Agent Had to Die or Tell of Acts.

New York, March 28.—Herst von Der Goltz, alias Bridgman Taylor, who is said to have been sentenced to death in England as a spy, arrived here today on the steamship Finland from Liverpool to give evidence to the government concerning alleged conspiracies to provide German warships at sea with coal and provisions. He was brought here by two detectives from Scotland Yard, who handed him over to Federal Agents Charles J. Scully and Albert J. Adair.

Von Der Goltz also figured in the exposure of German activities which preceded the recall of Capt. Roy-Ed. The German naval attaché in this country, and Capt. Franz von Papen, military attaché. He was reported in cable dispatches to have confessed to the British authorities that von Papen had originated the plan for blowing up the Velland canal last fall. Von Der Goltz was first arrested in London in November, 1914, on the charge of traveling under a false American passport.

Until the outbreak of the European war, von Der Goltz was an officer in Villa's army, and in 1913 was reported to have been arrested by federal officials in Chihuahua City as a spy and sentenced to death. His life was saved by the intervention of German consular authorities.

Von Der Goltz was taken from the ship to the headquarters here of the bureau of investigation of the department of justice, where he was examined by Superintendent Offley.

According to the Scotland Yard men, von Der Goltz was a prisoner for some time in the Tower of London, awaiting execution, but was promised that his life would be spared if he would come to this country and tell this government that he knew concerning the alleged conspiracies to commit unneutral acts. After giving his testimony, his custodians said, he is to be returned to England, and from there to be sent to South America under his promise that he will not attempt again to enter England, Germany or the United States.

### STATUS OF DARDANELLES

No Agreement Among Allies to Neutralize Strait.

Petrograd, March 29.—That no agreement exists between the entente allies for the neutralization of the Dardanelles was the statement made in the Duma Monday by Minister of Foreign Affairs Sazonoff. The statement was in reply to a member of the Duma who was commenting on reports current that such an agreement existed. M. Sazonoff said that no such agreement would satisfy the Russian people, who felt that it was absolutely necessary that Russia should have a free exit to the Mediterranean.

### DANGERS OF A COLD

Bennington People Will Do Well to Heed Them.

Many bad cases of kidney trouble result from a cold or chill. Such ailments fall behind in filtering the poison-laden blood and backache, headache, dizziness and disordered kidney action follow. Don't neglect a cold. Use Doan's Kidney Pills at the first sign of kidney trouble. Follow this Bennington resident's example: H. C. Taylor, R. F. D. No. 3, Bennington, says: "For some time I had soreness in my back and a dull pain across my kidneys, which was particularly severe when I stooped or exerted myself. I did not rest well and whenever I caught cold, it settled in my kidneys, making the trouble more severe. Doan's Kidney Pills acted directly on my kidneys and soon removed the lameness in my back and made me feel better in every way."

AT A LATER DATE, Mr. Taylor said: "I willingly confirm all I have ever said about Doan's Kidney Pills. I still think highly of them."

Price 50c at all dealers. Don't simply ask for a kidney remedy—get Doan's Kidney Pills—the same that Mr. Taylor has twice publicly recommended. Foster-Milburn Co., Props., Buffalo, N. Y.

### SCALP TREATMENT

Manicuring, Facial Massage, Shampooing, Switches for sale.

Miss Nellie Bacon, 615 Main St., Tel. 434-W. Bennington

### General Housecleaning

We have formed a partnership in general cleaning work, housecleaning, office cleaning, rug and carpet cleaning, furnaces, ceilings and anything in the line. Drop us a post card care Adams Hardware Co. or leave word by phone.

GEORGE F. BRADLEY, HARRY M. EDDINGTON.

### HOUSE WIRING

LOW PRICES On All Electrical Work J. W. LENNON, 223 South Street. Tel. 474-W

### LAY OR BUST

HAS THE KICK that makes the hens GET BUSY. They can't loaf. It's Lay or Bust—and they don't bust YOUR MONEY BACK IF THEY DON'T DELIVER. Ask us for it.

H. W. MYERS & SON (Inc.), PHONE 350 Office & Yard Foot School Street.

### BENNINGTON BRIEFS

News of the Town and Village Told Briefly for Busy Readers

Lester H. Nichols is spending a few days in New York on a business trip.

Showing of spring hats is now in progress at Miss A. Nolan's. Opening day Saturday.

Order your fish, fruit and vegetables from Estes' market tonight for early delivery tomorrow. Adv.

Henry B. Walthal, hero of Mary Page is featured in "The Raven," 6 act feature, Hart's Theatre today.

The men's shoes we sell at \$3.00 to \$4.50 are made to bring a man back here for his next pair. Hart's. Adv.

Wm. Gunnison of South Shaftsbury is moving his family today into the Blackmer tenement on Park street.

Mrs. Maurice Rudd, who has been visiting in Salem, Mass., for several days, is expected home the first of the week.

Everyone should see the educational production of the life of America's greatest poet, Hart's Theatre today. Adv.

Miss Maude Schouler of North Adams is spending a few days at the home of her mother, Mrs. R. S. Schouler on Union street.

John P. Morrissey, Jr., son of Mr. and Mrs. John P. Morrissey of Washington street, is undergoing treatment at the Troy city hospital.

Mrs. Nellie Hogan is moving from the house owned by Mrs. Sarah Rogan on County street to the Daley tenement on Branch street.

Salmon, smelts, spanish mackerel, halibut, haddock, cod, cusk, Boston blue, flounders, flannan haddock, oysters and clams at Estes' market. Adv.

The condition of Hiram Allen of Main street, who has been confined to his bed, is slightly improved and he is able to be about the house this week.

William Lundberg of Spring street is visiting for a few days in Schenectady as the guest of Daniel O'Connor, who has spent much time in Bennington.

Albert E. Garrett, whose address is 215 North street, North Adams, and who is the manager of the Bennington Independent baseball club, would like to arrange a series of games with teams in Bennington and Hoosick Falls.

That great emotional artist, Helen Ware in an exceptional five-part Blue Bird photoplay, "Secret Love" adapted from the famous novel, "That Lass of Lourdes." Opera House tomorrow. Matinee 5 and 10 cents. Evening, 10c. to all. Adv.

The funeral of Edgar Atwood, who passed away the first of the week at the town home, was held from that place Thursday afternoon at 2 o'clock, attended by a few friends of the family. The remains were placed temporarily in the Old Bennington vault.

Dainty Violet Mercereau in the five-part Red Feather photoplay "The Path of Happiness," opera house today. A tale of the love of a wood-nymph for a man of the city. A story spiced with the breath of the pine-woods and all nature's sunshine and flowers. Adv.

Adjutant Gen. Lee S. Tillotson of the Vermont national guard, has detailed Lieut. Harold P. Sheldon of the Curtis aviation school, Newport News, Va., for training in aviation. The Aero club of America pays the personal expenses of Lieut. Sheldon while taking the course.

Those who pulled out of a comfortable bed to take in the Grove street fire early this morning had an opportunity to see the aurora borealis or "northern lights" which were declared by some to be the brightest they had seen at any time this winter. The sky over Bald mountain was particularly lighted, a clear sharp shaft of radiance extending into the sky for over half an hour. In various other sections of the northern heavens the lights were so pronounced that they resembled the horizon before the rising of the moon. There was also a splendid exhibition early last evening.

The funeral of Mrs. Antone Myers will be held from the church of St. John the Baptist at North Bennington Friday morning at 9 o'clock and the burial will be in the family lot at North Bennington. Mrs. Myers died Wednesday at her home in Shaftsbury, aged 75 years. She was a native of Ireland, coming to America with her parents when five years old. She had been a resident of Shaftsbury for many years. The family survivors are her husband, three daughters, Mrs. John McGuire and Mrs. William Hamilton of Bennington and Miss Alice Myers of South Shaftsbury, and one son, Fred Myers of South Shaftsbury.

The attention of the public is called to the exhibition of school work which is in progress at the third floor of the School street building. The average parent has the idea that an exposition of this kind comprises mostly fancy-work and trills of grammar-school education to the effacement of the fundamental studies. In this exhibition, however, "reading, writing and 'rithmetic'" has a prominent place as that given over to manual training, domestic science and kindergarten "cut-up." There are to be three more programs of oral work; this evening, tomorrow afternoon and tomorrow evening, and every parent should take in at least one of these. Those who have attended thus far express themselves as surprised at the work which the local schools are carrying on.

Cut This Out—It is Worth Money. DON'T MISS THIS. Cut out this slip, enclose with 5c and mail it to Foley & Co., Chicago, Ill., Writing your name and address clearly. You will receive in return a trial package containing Foley's Honey and Tar Compound, for lagrippe coughs, colds and croup; Foley Kidney Pills, for lame back, weak kidneys, rheumatism, bladder troubles, and Foley Cathartic Tablets, a wholesome and thoroughly cleansing cathartic, for constipation, biliousness, headache and sluggish bowels. Sold everywhere.

## Scherer's

Near Broadway, Third St., Troy

## Tailleur and Costume Suits

### 35.00 to 75.00

There is no monotony or similarity of styles, and no sameness of materials. Our policy of individuality—to show only the newest modes in the greatest possible diversity of styles—is a guarantee of exclusiveness.

These Suits are copies of or adaptations from very costly Paris models—and are represented by but one or two of a kind, none of which, to our knowledge, can be seen elsewhere in Troy. All the popular cloth and silk fabrics are represented.

## Coats with Character

Serge Coats Checked Coats  
Poplin Coats Sport Coats  
Gabardine Coats Motor Coats

Swagger top coats or conservative coats for general service, whatever the need or taste, Scherer's merchandise policy of close selection does the woman of exacting requirements a real service on the coat problem. Priced from 10.00 on sport coats to 65.00 on imported garments they run a wide range. Particularly good are these:

## Knit Fabrics in Novelty Coats

### \$12.50 \$25.00 \$30.00

Heavy knit fabrics with leather trimmings in browns or tans or even whites, medium weights with moulin trimmings and light weight Guernsey with sailor collars and belts are typically good styles.

Exclusive Shop for Women's Apparel

### BANKRUPTCY PETITIONS

Rutland Fruit Dealer Has Liabilities of \$1,344.95, Assets, \$1,638.92.

Rutland, March 28.—V. Kontsonicols, who conducted a fruit market on West street, yesterday filed a petition in bankruptcy with F. S. Platt, clerk of the United States court. His liabilities are given as \$1,344.95 and his assets as \$1,638.92, with \$295 claimed exempt. George M. Goddard is his attorney.

Joseph Bator of Bennington, a confectioner, filed a petition, his liabilities being \$2,525.30 and his assets \$1,679, with \$255 claimed exempt. He is represented by Sheldon & Mathers of Bennington.

Fred A. Pearson of St. Johnsbury, a machinist, also filed a petition, his liabilities being \$255.04 and his assets \$179.78, with \$153.78 claimed exempt.

## For Eczema

and other Skin Troubles  
We Guarantee

## Saxo Salve

to stop the itching and begin healing with the first application or return your money. There are lots of skin remedies but Saxo is the only one we guarantee like this. Why don't you try it? W. M. L. GOKAY, DRUGGIST, Bennington.

### THE BENNINGTON GARAGE

E. W. Williams, Prop., Ford, Dodge and Hudson CARS

Full line of highest grade supply and tires. Main Street and North Street.

## Wearing the Right Sort of Shoes, Sir

SHOE NEWS  
A RIGHT SHOE  
—FOR—  
EVERY MAN'S FOOT

Good Looking, Durable, Comfortable Shoes?

No Man can ever appear neatly dressed, when his Shoes are out of tune!

If you appreciate Good Shoes, Sir, we ask you to come here to see the best in Men's Shoes!

The very best Men's Shoes the Country produces.

Gun Metal Colt—Patent Colt and New Mahogany Tan leather!

The Comfortable easy Shoe and the Style limit in Swagger Shoes for Young Fellows.

\$2.50, \$3.00, \$3.50, up to \$4.50

## HART'S

### BETTER SHOES

DR. ROLLIN D. JENNEY  
DENTIST  
Gas and Oxygen given.  
March 28 Mondays. Phone 277-W

GEORGE H. THOMPSON, M. D.  
PRACTICE LIMITED TO  
EYE, EAR, NOSE  
AND THROAT  
18 Ashland Street  
NORTH ADAMS — — — Mass.

## Vermont Grocery Co.

Will give away with every dollar in trade, on Friday and Saturday Mar. 31 and Apr. 1

### A BROOM VALUED AT 50c

SOME OF OUR SPECIALS ARE			
BREAD FLOUR, 1-8 bbl.....	80c	SHREDDED WHEAT, pkg.....	10c
BREAD FLOUR, bbl. \$6.40		OAT MEAL 7 lbs.....	25c
PASTRY FLOUR, 1-8 bbl. 80c		SOAP 8 bars.....	25c
PASTRY FLOUR, bbl. \$6.40		RAISINS per lb.....	10c
BUTTER, per lb.....	32c	FRESH EGGS per doz.....	27c
ORANGES per doz.....	25c	CHEESE per lb.....	20c
COFFEE per lb.....	20c	COCOA per lb.....	20c
TEA per lb.....	24c	MATCHES 7 boxes.....	25c
BACON per lb.....	20c	CORN AND PEAS 3 for.....	25c

ALL ORDERS DELIVERED PROMPTLY  
TEL. 342-W

### People's Hardware Store and Seed Store

We have added the WIARD PLOW line, which is thoroughly high grade and complete.

A new Cook Stove at this time will be in keeping with the season.

An exceptional nice line of  
WALL BOARD CEMENT BRICK PAINTS  
PLASTER BOARD LIME TILE BRUSHES  
WOVEN WIRE FENCE and VARNISHES

A. H. WINSLOW  
STORE OF QUALITY AND SERVICE  
315 MAIN STREET, PHONE 383-M

### EAST DORSET

J. H. Hadeau was in Manchester Saturday.

Joseph Beland was in Arlington one day last week.

Frank Benedict was in Manchester Thursday evening.

Mrs. J. H. Hadeau is recovering from an attack of bronchitis.

Mrs. Cecil Bull had the grip and her mother, Mrs. Fairman spent a few days with her.

Mrs. Maud Seymour has returned after spending a week with her daughter Mrs. Edward Griffith in Manchester.

Arthur Hector, who has been employed by G. F. Mooney and son for some time, is now working in Danby on the quarry.

Among those who were in Rutland Saturday were Mrs. Maud Seymour, Miss Dorothy Wilson, Miss Mildred Benedict, Mrs. Frank Benedict, sr., and William Rowell.

Mrs. Hellock Rowell met with a tragic end when she shot herself in the head Monday afternoon. Her family have the heartfelt sympathy of all. Funeral at 3 p. m. Wednesday.

Mr. and Mrs. Joseph O. Beland have purchased the house here known as the Johnson place, of Leo Harwood. Leo Harwood of South Shaftsbury was in town Monday on business.

A few neighbors met at the pleasant home of Mr. and Mrs. George Livingston in South Village last Saturday evening, March 25th, to help celebrate their 15th wedding anniversary. Card playing was followed by a delightful supper. The company presented Mr. and Mrs. Livingston with a cut glass dish.

### Colds Quickly Relieved

Many people cough and cough— from the beginning of Fall right through to Spring. Others get cold after cold. Take Dr. King's New Discovery and you will get almost immediate relief. It checks your cold, stops the racking, rasping, tissue-tearing cough, heals the inflammation, soothes the raw tubes. Easy to take, Antiseptic and Healing. Get a 50c bottle of Dr. King's New Discovery today. "It is certainly a great medicine and I keep a bottle of it continually on hand" writes W. C. Jessemann, Franconia, N. H. Money back if not satisfied.

### Warning to Dog Owners.

All owners of dogs are warned to keep their dogs under restraint until after the snow leaves the ground. On account of the deep snow the deer are unable to protect themselves from dogs that are permitted to run at large. Any uncollared dog seen in the woods is liable to be shot.

Edward S. Higgins, County Fish and Game Warden.

### NOTICE!

To the Ladies and Gentlemen of Bennington and Vicinity.

Call and see my new Spring and Summer samples, and you will surely leave your order. Prices very reasonable, cleaning pressing and alterations a specialty.

Nathan Levin 130 North St. Tel. 98-J